



Dart 15



Sport National Championships 3rd to 5th October 2026 Sailing Instructions

The Organising Authority is North Devon Yacht Club (NDYC)
in conjunction with the UK Dart 15 Class Association

1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* and the rules of the UK Dart15 Association, except as any of these are changed by the Notice of Race and the Sailing Instructions.
- 1.2. The Organising Authority implements the Royal Yachting Association (RYA) Racing Charter. Competitors shall undertake to sail in accordance with the Charter which can be found at the front of the RYA Racing Rules of Sailing 2021-2024.
- 1.3. A boat shall not race with an incorrect sail number unless she has notified the Race Committee at registration.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 08:00 on the day it will take effect, except that any change to the schedule of races will be posted by 19:00 on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on a WhatsApp group which will be set up for the event.

4 CODE OF CONDUCT

- 4.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from the event flagpole which may be on the beach.
- 5.2 When flag AP is removed ashore, the warning signal will not be made until all boats which launch promptly have had sufficient time to sail directly to the start area. This changes Race Signal AP. Racing will not be further postponed for boats which take excessive time to launch or sail to the start area.

6 SCHEDULE OF RACES

- 6.1 Registration will take between 18:00 and 20:00 in NDYC Clubhouse.
- 6.2 A competitors briefing will be held at 8pm on Friday 2nd October at the NDYC Clubhouse.

6.3 Schedule of the event

Date	Time	Item	First Warning Signal	High Water
Friday 2 nd October	18:00 – 20:00	Registration in Clubhouse		
	20:00	Competitors Briefing in clubhouse		
Saturday 3 rd Oct		Three races scheduled	08:55	10.56
Sunday 4 th Oct		Three races scheduled	09:55	12.13
Monday 5 th Oct		Three races scheduled	10:55	13.59

- 6.4 Nine races are scheduled. The Race Committee reserve the right to modify the programme due to weather conditions or other causes. This may include bringing scheduled races forward.
- 6.5 On the last scheduled day of racing, no warning signal will be made after 17:00

7 CLASS FLAGS

- 7.1 The class flag will be International Code Flag D.

8 RACING AREA

- 8.1 The racing area will be within the Taw & Torridge Estuaries Bay.

9 THE COURSE

- 9.1 The diagram in Attachment A shows the course, the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2 In addition, a "round the cans" course may be set and displayed on the beach.
- 9.3 The course to be sailed will be displayed on the committee boat before the warning signal, together with the number of scheduled laps.
- 9.4 The courses in Appendix A show port hand courses. A starboard hand course may be set by laying Mark 2 on the opposite side of the windward leg. The direction of rounding will be shown by RED (to port) or GREEN (to starboard) flags flown on the stern of the Committee Boat.

10 MARKS

- 10.1 Course marks will be inflatable orange or yellow buoys.
- 10.2 The starting outer distance mark and finishing outer distance mark will be smaller yellow marks a short distance across the wind from the Committee Boat.
- 10.3 Marks Missing. If a mark is either missing or has shifted, the Race Committee shall, when possible, replace it in its correct position or substitute it with a boat displaying IC flag "M"

11 AREAS THAT ARE OBSTRUCTIONS

- 11.1 The moorings off the lifeboat station and slipway at Appledore are out of bounds and all yachts shall pass to the course side of any shore side moored boats and/or a yellow small NDYC buoy placed off the west end of the moorings. Sailing within two boat lengths of the RNLI Lifeboat is also out of bounds.
- 11.2 Boats must take extreme care when sailing from the NDYC slip or Instow beach and through the moored boats.
- 11.3 A safety boat attending a boat or competitor in difficulty is an obstruction. Boats racing shall pass at least 20m from the obstruction and must not pass between the safety boat and the boat or competitor in difficulty.

12 THE START

- 12.1 Races will be started by using RRS 26 with the warning signal made five minutes before the starting signal.
- 12.2 The start line is between a mast displaying an orange flag on the Committee Boat and the starting outer distance mark. No boat may sail between the Committee Boat and the Inner Distance Mark if this mark is in place.
- 12.3 A boat that does not start within five minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.
- 12.4 If a start under RRS 30.4 is recalled or abandoned after the starting signal, the sail numbers of the boats that have been disqualified from the race under that rule shall be displayed on the race committee Bessel for a minimum of 3 minutes before the next warning signal. A repeated sound signal will be made as the numbers are first displayed. This adds to RRS 30.4.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.

- 13.2** Minor mark moves (up to approximately 100m) may be made without signalling the change. This changes RRS A5.1 and A5.2
- 13.3** Change of Position. If after the start of the race there is a substantial wind shift the Race Committee may move one or more marks. When the course to be made good is significantly changed a boat may be stationed near the start of the affected leg and will fly IC flag "C" over a red or green flag to indicate that the change is to port or starboard of its previous bearing or a board indicating IC flag C and a red or green indication used.

14 THE FINISH

- 14.1** The finishing line shall be between the orange flag flown on the Committee Boat and the finishing mark.
- 14.2** The course may also be shortened by finishing the race at a mark of the course.
- 14.3** The race committee may score other boats based on their relative positions at a mark of the course or on a leg of the course as follows:
- 14.3.1 When an official boat displays flag W with one sound, that boat will be scored as their observed position on the course.
- 14.3.2 When a boat is scored in accordance with this instruction, she shall be given a score for a place after all boats that have sailed the course and finished. This changes RRS 35, A4 and A5.
- 14.3.3 Boats may be finished by shortening course at the defined finish line. Positions will be decided taking the number of completed laps into account.
- 14.3.4 Boats that are still racing and ahead of boats finished early and have not retired from the race, but subsequently fail to finish, shall be awarded the average of the points for places available to them had they finished. This changes RRS A5.2.

15 PENALTY SYSTEM

- 15.1** A penalty shall comprise one turn including one tack and one gybe. This changes RRS 44.1.
- 15.2** Boats observed by the Race Committee which fail to start or finish correctly or to sail the course as set and thus fail to comply with Rule 28 may be disqualified without protest. This changes rule 63.1.
- 15.3** Boats that fail to pass through the upwind gate (see Attachment A) will not be disqualified but will be credited only with the number of laps they have sailed correctly.

16 TIME LIMIT

- 16.1** Time limits and target times are as follows:

Time limit first boat	Mark 1 time limit	Target time
75 minutes	20 minutes	45 minutes

- 16.2** If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1 (a)
- 16.3** Boats failing to finish within 20 minutes after the first boat in her class sails the course and finishes will be scored Did Not Finish without a hearing unless SI 14.3 applies. This changes Rule 35 and A4 and A5.

17 HEARING REQUESTS

- 17.1** Protest forms are available at the Clubhouse. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 17.2** The protest time limit for on water incidents is 60 minutes after the last boat has finished the last race of the day, or the race committee signals no more racing today, whichever is later.
- 17.3** Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located in the Clubhouse, beginning at the time posted.
- 17.4** Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b(1)).
- 17.5** On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted

18 SCORING

18.1 See Notice of Race.

19 SAFETY REGULATIONS

19.1 RRS40.1 shall apply at all times when afloat

19.2 A safety tally system will be in operation.

19.2.1 The tally board is under the control of the Beachmaster.

19.2.2 Before going afloat, competitors should remove their tally from the board and place it in the box marked "I INTEND TO RACE".

19.2.3 On coming ashore, they should immediately remove their tally from the board and place it in the box "I HAVE COME ASHORE". their tally number to advise they are going racing.

19.2.4 Failure to tally on or off will result in disqualification without a hearing (amending RRS 63.1). Boats may be exonerated from disqualification by making a donation of £10 to the RNLI.

19.3 Competitors are not allowed afloat whilst IC Flag D is flying on the Beachmaster's cabin or the Club mast.

19.4 Boats wishing to sail ashore before the end of the day's racing shall make every attempt to inform an official boat before leaving the racing area.

20 REPLACEMENT OF CREW OR EQUIPMENT

20.1 [DP] Substitution of competitors will not be allowed without prior written approval of the race committee.

20.2 [DP] Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

21 EQUIPMENT AND MEASUREMENT CHECKS

21.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

22 SUPPLIED BOATS—Does not apply

23 OFFICIAL BOATS

23.1 All event safety, mark laying and committee boats rank as race committee vessels.

24 SUPPORT TEAMS

24.1 Support teams are not allowed.

25 TRASH DISPOSAL

25.1 [DP] Rubbish is not to be thrown in the sea. Sailors are to bring any rubbish ashore and place it in an appropriate bin.

26 BERTHING

26.1 [DP] Boats shall be kept in their assigned location as advised by NDYC representatives.

27 HAUL OUT RESTRICTIONS—Does not apply

28 DIVING EQUIPMENT AND PLASTIC POOLS—Does not apply

29 PRIZES

29.1 See Notice of Race

30 RISK STATEMENT

Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or continue racing is hers alone."

Sailing is by nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure to themselves, their crew, their boat to such inherent risk whilst taking part;
- (b) They are responsible for the safety of themselves, their crew, their boat and their property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of a patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances
- (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.

31. INSURANCE

- 31.1** Each boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or equivalent.

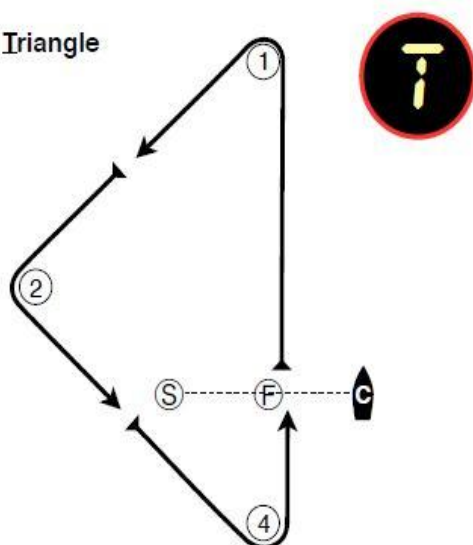
END OF SAILING INSTRUCTIONS

Shore Based Programme:

Date	Time	Event
Friday 2 nd October	From 10.00	Beach open for boats to be dropped and rigged
	18:00 to 20:00	Registration at NDYC bar
	18:00 to 22:00	Tapas and other food available, cocktail night at NDYC bar
	20.00	Competitors briefing at NDYC bar
Saturday 3 rd October	07:00	Tea/Coffee/OJ available at NDYC
	Evening	Steak Night at NDYC (vegetarian option)
Sunday 4 th October	08:00	Tea/Coffee/OJ available at NDYC
	After Racing	Sunday Dinner at NDYC - Pie or Casserole (vegetarian option)
	After Dinner	D15 Sprint rules discussion (30 mins)
Monday 5 th October	09:30	Tea/Coffee/OJ available at NDYC
	ASAP after racing	Prizegiving at NDYC

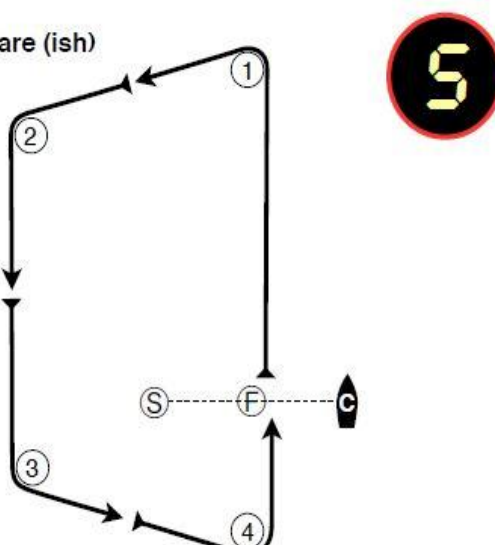
ATTACHMENT A – COURSE DIAGRAM

Triangle



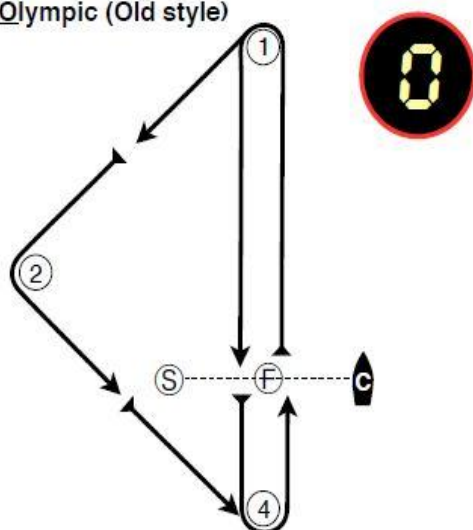
Signal	Rounding Order
T2	S-1-2-4-F-1-2-4-F
T3	S-1-2-4-F-1-2-4-F-1-2-4-F
T4	S-1-2-4-F-1-2-4-F -1-2-4-F-1-2-4-F

Square (ish)



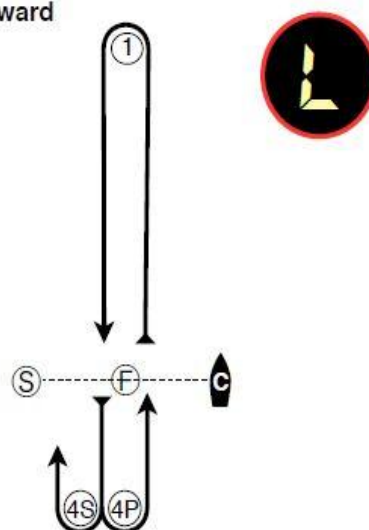
Signal	Rounding Order
S2	S-1-2-3-4-F-1-2-3-4-F
S3	S-1-2-3-4-F-1-2-3-4-F-1-2-3-4-F
S4	S-1-2-3-4-F-1-2-3-4-F -1-2-3-4-F-1-2-3-4-F

Olympic (Old style)



Signal	Rounding Order
02	S-1-2-4-F-1-4-F
03	S-1-2-4-F-1-4-F-1-2-4-F
04	S-1-2-4-F-1-4-F- 1-2-4-F-1-4-F

Windward Leeward



Signal	Rounding Order
L 2	S-1-4P/4S-F-1-4P/4S-F
L 3	S-1-4P/4S-F-1-4P/4S-F-1-4P/4S-F
L 4	S-1-4P/4S-F-1-4P/4S- F-1-4P/4S-F-1-4P/4S-F